

**Harrington Park Board of Health  
Minutes of Meeting  
November 3, 2014**

**Meeting Called to Order by President Howard Lipton, MD, at 7:35pm**

**President Lipton's Announcement**

In compliance with Chapter 231, the Public Contract Law of 1975, adequate notice of this meeting was made. It is being conducted under the provisions of the Sunshine Act and has been properly noticed.

**Roll Call**

Dr. Howard Lipton

Mr. John Szweda

Dr. Neil Hess

Mr. Robert Carbognin

Mr. Scott Weiner

Dr. Mary Lee Casamento

Mrs. Mary Oh Goldstein, RN

**Also present:**

Louis Apa, Sanitarian, Gail Poling, Town Nurse, Annie Mongelia, Secretary  
Councilwoman Joon Chung

**Motion to Adopt Minutes from September 8, 2014 Board of Health Meeting**

Motion to adopt the minutes for September 8, 2014 made by Scott Weiner,  
Seconded by Mary Oh Goldstein. All in favor.

**Vouchers**

Town Nurse's voucher,

Secretary's voucher,

Hillsdale Child Health Conference Contract for 2015, \$100 annual fee.

Dr. Shelagh McCaffrey, Veterinarian for Nov. 8th Rabies Vaccination Clinic

Whitney Fratello, Handler for Nov. 8th Rabies Vaccination Clinic

**Correspondence**

We received confirmation on an order from Pinnacle Press for 2015 cat license tags and cat license forms. The total cost of \$336 is paid from the HP Dog and Cat fund.

Received an Immunization Audit Report dated October 24th, 2014 for the Regional P.I.E. Program at Our Lady of Victories / St. Andrews Church reported 100% compliance on the 11 students surveyed.

We have received numerous emails from New Jersey Dept. of Health regarding Enterovirus. To summarize: Hand sanitizer is not effective against EV, washing hands with soap and water for 20 seconds is advised. The best way to clean surfaces is to use a bleach based household cleaner. Three cases were confirmed positive in September from young children residing in Essex and Passaic Counties.

Bergen County Dept. of Health Services has issued many memos pertaining to Ebola. On October 1st, the U.S. Dept. of Health and Human Services compiled a document: Ebola Virus Disease Screening Criteria for Emergency Departments and for EMS ~ See Attachment A).

The NJDOH has set up an email to receive questions and issues regarding Ebola: [DUTYOFFICER@NJLINCS.NET](mailto:DUTYOFFICER@NJLINCS.NET), type "Ebola" in the subject line.

See Attachment B ~ BVMI Medical Policy During Ebola Epidemic. Forwarded to HP 1st responders upon review by HPBOH, and available at HPBOH bulletin board.

Discussion on Ebola: Hackensack Hospital is the designated site in NJ for Ebola care. Suggestion to 1st responders: Maintain minimal contact with potential ebola case, first obtain history by asking specific questions related to travel to effected areas or contact with exposed individuals. If yes, call Hackensack emergency room for aid. Wearing a mask is not sufficient protection. No skin may be exposed. Quarantine individual until Hackensack Hospital's arrival.

BCDOHS has been awarded a small grant to continue offering the Take Control of Your Health Program, Stanford University's Chronic Disease Self Management Program, to adults with a chronic health condition or caregivers. The program will run until August 2015. They are also hosting a Stanford University Peer Leader Training program for anyone interested in co-leading the program in the community. Literature given to EMT representative for consideration.

## **Reports**

### **Gail Poling, Town Nurse**

20 clients were seen at the September adult health conferences and 24 in October during the annual HP Flu Vaccination Clinic, at which educational information were made available on blood pressure and cholesterol.

Educational material was provided to HP School's nurse pertaining to teenage hygiene and male/female developmental changes.

Made a home visit to follow up on a resident on Lafayette. Non-emergency calls to EMT have declined.

The CDRSS reported 3 cases of Lyme disease, 2 food borne illness from E.coli, 1 case of Hepatitis B in a pregnant client monitored though child birth, and 1 case of Dangué fever from a client bitten by a mosquito during their travel to South East Asia. Working with Morristown Memorial Infectious Disease department, patient is now recovered.

### **Louis Apa, Sanitarian**

There were two cases of dog bites. One occurred at Tappan Rd, the licensed chi hua hua was quarantined and later released by a veterinarian. The other occurred on Oak Street and the licensed dog was also later released.

A resident called for information on opening a food business from home. Resident was advised to partner with a restaurant to comply with state of NJ requirements.

Performed an inspection of the cafeteria at Harrington Park School. The site passed inspection.

Rabies vaccine received from Bergen County is ready for administering at the annual HP Rabies Vaccination Clinic on November 8th, 2014.

### **Old Business**

Four first responders from the ambulance corps. attended the September 16th, 2014 BBP training class. We were expecting a larger audience.

On October 15, 2014 we hosted our annual Flu Vaccination Clinic from 9am to 11am. 80 flu vaccines were administered by Haworth Apothecary. There were 34 Medicare Part B recipients, 35 non-medicare recipients, and 11 HP employees. The funds collected from non-medicare recipients were turned over to Haworth Apothecary as per our contract with Haworth Apothecary, which are the same terms as for 2013. New this year, the seniors received a senior dosage of the flu vaccine. Also new this year, we expanded the clinic to included a Mini Health Fair. Dr. Robin Semegran, O.D., owner of Family Eye Care, in Old Tappan offered a Snellan test. Town Nurse Gail Poling performed a blood pressure clinic. Dawn Wilkes from the Bergen County Department of Health Services - Office of Health Promotion brought pamphlets on diabetes, high cholesterol, and hand sanitizing samples to promote proper hand cleansing during the flu season. Haworth Apothecary brought a display on orthopedic footwear. The Valley Hospital, Dept. of Community Health and Community Benefit joined our Flu Clinic Mini Health Fair and brought information on Home Safety Fall Prevention, Exercise Programs, Nutrition, Lifeline and Pediatric ER. To improve participation by seniors in 2015, we will ask Club 60 to avoid scheduling an out of town event on Flu Clinic day. We will also rearrange the room to improve traffic flow and to encourage recipients to visit our Mini Health Fair tables before and after their flu vaccination.

### **New Business**

Flyers were distributed and emailed to the HP: Police Dept., Ambulance Corps., Fire Department, and DPW to notify them of another opportunity to receive their 2014 BBP re-certification. The flyer stated the Borough of Glen Rock is hosting a Bloodborne Pathogens Re-certification Class at their Municipal Building, 1 Harding Plaza, on Thursday, November 6, 2014, from 10:30 a.m. to 11:30 a.m. First responders and DPW personnel in need of their recertification for 2014 are to register with Andrea Felip by calling (856) 552- 4740.

The annual HP Rabies Vaccination Clinic is scheduled for Saturday, November 8th, 2014 from 8:30a.m. until 10a.m. and will be held at the HP DPW Garage on 62-66 Schraalenburgh Road. No appointment necessary. Dr. Shelagh McCaffrey will be administering the rabies vaccine with her assistant Whitney Fratello. The clinic has

been advertised in the October 29th issue of the local Suburbanite Newspaper, is advertised on the front page of the HP Fall 2014 Newsletter, included in the HP School Principal's weekly newsletter, and emailed to 420 families via the HPHSA website .

Discussion on rabies vaccine: The 1st dosage provides protection for one year. Three year rabies vaccination are administered at our clinic. It is not harmful to overlap and re-vaccinate at two and a half years.

Shoprite of Northvale, through a partnership with US Wellness, is offering free testing for glucose and cholesterol on November 3rd from 10am to 2pm. On November 17th, through a partnership with Carepoint Health, they are offering free cholesterol testing and a blood pressure clinic. Shoprite of Hillsdale is offering free glucose testing from 10am to 2pm on November 13th, and Shoprite of Emerson on November 20th. More events can be located on-line at [www.shoprite.com/healthevents/northvale](http://www.shoprite.com/healthevents/northvale). CDC policy, new laws and concern by Bergen County over glucometer contamination have halted instant test for glucose testing by local boards of health. HPBOH will visit Shoprite to see how they are administering the test.

In 2015, consideration will be given towards a formal ice cream truck permit. The HPBOH will explore the sanitary inspection requirements, reconsider the fee for an ice cream truck permit, and other peddling license requirements. Research will be performed to determine the requirements in place by surrounding Northern Valley communities. Upon consideration a proposal will be presented to Mayor and Council for their consideration and implementation.

Councilwoman Chung expressed gratitude to Lou Apa, Gail Poling, Scott Weiner, Mary Oh Goldstein, Carolyn Szeto, and Annie Mongelia for a well organized and successful Flu Vaccination Clinic and Mini Health Fair. Each year they work hard to make improvements and provide new programs to the residents of HP.

#### **Public Session: Open to the Public for comments**

No public in session.

#### **Closed Session**

Motion to Adjourn made by Dr. Lipton at 8:35pm, seconded by Scott Weiner, meeting adjourned.